



## School work at home for Ms. Ní Dhuinnín's Class

**Week 6**  
February 15<sup>th</sup> - 17<sup>th</sup> 2021



Charleville CBS Primary

Hello boys,

Tá siúl agam go bhfuil sibhse go hiontach!! We have our **mid-term break** this Thursday and Friday boys! Enjoy the break from the school work, get plenty of rest and remember to relax.

This week is "Wellness Week". I hope you enjoy the activities and remember to be mindful, active and thankful.

**Shrove Tuesday** also known as pancake Tuesday is this week. I have included a simple **pancake recipe** for our art lesson this week. **Lent** begins this Wednesday, **Ash Wednesday**, please spend time studying **Lent: A time of Repentance and Reconciliation** for Religion this week.

As we have mid-term break on Thursday and Friday, we will only have two video calls this week. Our calls will be Monday at 12pm and Wednesday at 11am 😊

All active video links and content will be available on your class notebook from Monday at 9am. I will be sharing the corrections for Maths, Gaeilge and English daily. On Monday the 15th I will share the answers to Friday the 12<sup>th</sup>s work. I will share Spellbound on Wednesday this week. Please remember to access these answers so you can self-correct your work.

Please find the work below for you to complete this week. Please check your e-mail at least once a day.

As always, if you need some help please e-mail me. My e-mail address is

[gnidhuinnin@charlevillecbsprimary.ie](mailto:gnidhuinnin@charlevillecbsprimary.ie)

Remember to try your best and don't worry if you aren't sure of a task, cuir ceist orm (ask me) 😊

Mise le meas,

Ms. Ní Dhuinnín

## English

### Reading, Writing and Spelling

- Treasury F – Read page 4 “Necessity”
- Treasury F Written Activities – Page 5 Ex B, Page 6 Ex. A + B, Page 8 Ex b
- [www.readtheory.org](http://www.readtheory.org) please login (details in your homework journal) and complete 2 quizzes over the course of the week.
- Spellbound Week 19

#### Additional (optional)

Feel free to check out the Primary Planet Magazines for FREE on this link

<https://newsmagmedia.ie/Previews.aspx> they have some lovely activities you can do also

## Gaeilge

Use [www.teanglann.ie](http://www.teanglann.ie) for help with words if you need it.

### Litriú

I will upload the litriú for this week on Monday to Class Notebook. We are still on masculine nouns. I want you to **focus on learning what the words mean** (do not worry about learning the spelling of the words for now)

### Léitheoireacht (Reading) agus Scríobhneoireacht (Writing)

- Reading: <https://www.cogg.ie/wp-content/uploads/1.Mo-Dhaideo-b%c3%a9ar.pdf> this is from an Irish comprehension website. Each reading is similar to the English comprehension cards. You read the piece “Mo Dhaideo” and you answer the questions (multiple choice). I will send you an audio recording of me reading it as Gaeilge and as béarla.
- Record yourself reading the story: <https://www.cogg.ie/wp-content/uploads/25.Peata-R%c3%b3is%c3%adn-asal.pdf> . You can use [www.vocaroo.ie](http://www.vocaroo.ie) or you can use the voice recorder on a phone and share it with me via e-mail.
- Na briathra neamhrialta (the irregular verbs – it literally translates to “the verbs without rules”). Revise the root (eg tar/ith/ól) of the 11 verbs and what they mean example: déan = to make/do, ith = to eat.
- Learn the aimsir láithreach version of the 11<sup>th</sup> verb → téigh =to go
- Translate 6 sentences from English to Irish using na briathra neamhrialta and your litriú → I will share the 6 sentences you have to translate on Monday. [Remember these could be silly sentences like I use in class]
- On Wednesday morning try your best to write out the verb téigh = to go in full from your head including the question and the negative answer. Send me on a copy so I can see how you get on 😊

	<p><b>I will be sharing the answers to the Gaeilge sentences each day. Please check your Office 365 account on Monday for a daily outline of what questions to complete.</b></p> <p><b><u>Additional (optional)</u></b></p> <ul style="list-style-type: none"> <li>• Check out this Irish magazine aimed at children 12+ <a href="https://online.flowpaper.com/7a630787/E33/#page=1">https://online.flowpaper.com/7a630787/E33/#page=1</a></li> <li>• You can download the Duolingo app for select Irish. It is a fun way of practicing what you already know 😊 You can use your school e-mail address to set it up.</li> </ul>
<p><b>Maths</b></p>	<p><b>I will be e-mailing you the answers to the maths questions each day. Please check your e-mail on Monday for a daily outline of what sums to complete.</b></p> <p><b>I will e-mail you videos to help with the topics</b></p> <p><b>Mental Maths</b> Please complete the next week in your book including the problem-solving questions.</p> <p>Week 20</p> <p><b>Busy At Maths → Directed Numbers (Positive and Negative Numbers)</b> Page 120 Questions 1-7 Page 121 Questions 1-13</p> <p><b><u>Additional</u></b> <a href="http://www.topmarks.co.uk">www.topmarks.co.uk</a> for maths games such as 'Hit The Button' <a href="https://nrich.maths.org/primary">https://nrich.maths.org/primary</a> is great of exploring various maths topics.</p>
<p><b>Religion</b></p>	<p><b><u>Lent</u></b></p> <p><b>Ash Wednesday is this Wednesday 17th February.</b> This marks the beginning of Lent. Lent lasts for 40 days, representing the 40 days Jesus spent in the desert. Lent prepares us for Easter and ends on Easter Sunday.</p> <p><b><u>Grow in Loves pages 126-128</u></b></p> <ul style="list-style-type: none"> <li>• Write the key words form page 126 into your RE copy.</li> <li>• Read Grow in Love pages 126 &amp; 127 and discuss the questions on page 127 with a family member</li> <li>• Page 128 Think about it- What would it be like if no one ever said sorry-to God or to others-for the wrong things they had done? What kind of world would that be like to live in?</li> </ul>

- Read Page 128, Think about it: Do you think it is a good idea to say sorry to God through the Sacrament of Reconciliation (Confession)? Why?
- Chat to your family about Lent (What is Lent? How long does Lent last? When does Lent begin? When does Lent end? What kinds of things do people do for Lent? Why do we have the season for Lent?)
- Pick two things you would like to do over Lent- give up something, take up a new hobby, help someone etc.

## Wellbeing Week Activities

### Mindful Monday

- Guided meditation: <https://www.youtube.com/watch?v=CvF9AEe-ozc>
- Mindful Colouring: <http://getcolorings.com/mindfulness-coloring-pages>
- Yoga: [https://www.youtube.com/watch?v=Td6zFtZPKJ4&ab\\_channel=YogaWithAdriene](https://www.youtube.com/watch?v=Td6zFtZPKJ4&ab_channel=YogaWithAdriene)
- Breathing activities (emailed)
- Get active!: Operation Transformation 10@10 <https://rtejr.rte.ie/10at10/>
- Screen free evening!-read a book, chat, play board games

### Thankful Tuesday

- Gratitude Journal: Write three things you are grateful every day this week
- Write a thank you letter to a family member/ friend
- Guided meditation  
[https://www.youtube.com/watch?v=64QzBuhsyuk&ab\\_channel=NewHorizon-Meditation%26SleepStories](https://www.youtube.com/watch?v=64QzBuhsyuk&ab_channel=NewHorizon-Meditation%26SleepStories)
- Say 'thank you' twice a day and one nice/positive thing to someone today
- List 3 things you like about yourself
- Do something that makes you happy! Example make pancakes 😊 I have a recipe and method below on how to make delicious pancakes 😊
- Get active!:  
[https://www.youtube.com/watch?v=v8FKjeQLj0s&ab\\_channel=CorkGDACoaching%26Games](https://www.youtube.com/watch?v=v8FKjeQLj0s&ab_channel=CorkGDACoaching%26Games)

### Wellness Wednesday

- Mindful Colouring: <http://getcolorings.com/mindfulness-coloring-pages>
- Get active!: go for a walk and spend time in nature
- Drink a glass of water before each meal and eat an extra piece of fruit or vegetable today
- Do a five minute body stretch
- Clean your room
- Rainbow breathing  
[https://www.youtube.com/watch?v=O29e4rRMrV4&feature=emb\\_logo&ab\\_channel=GoNoodle%7CGetMoving](https://www.youtube.com/watch?v=O29e4rRMrV4&feature=emb_logo&ab_channel=GoNoodle%7CGetMoving)
- Write three things to look forward to over your mid term break!

**\*\*After each day, take some time to complete your wellness journal (emailed)**

### **Cooking Time Pancakes**

As it is Shrove Tuesday on the 16<sup>th</sup>, for art this week we are going to do some cooking.

This recipe will make approximately 5 small pancakes

#### **Dry Ingredients**

135g plain flour (sieve to ensure no lumps)

87g caster sugar

1 pinch of salt

1 tsp (teaspoon) of baking powder/bicarb soda

#### **Wet Ingredients**

1 egg (whisked)

160ml milk

#### **Method**

In a bowl combine all the dry ingredients

Then add your wet ingredients and combine until a smooth mixture

You can use an electric mixer/hand mixer/spoon to combine the above. Make sure you have sieved your flour so there are no lumps.

Heat a pan on the hob, when it is hot, add a little bit of oil (never add oil to a cold pan as you will end up using much more than you need)

When the oil has spread, add one scoop of the mixture to the pan.

When you see air bubbles forming this is when you flip the pancake.

Keep a close eye on the pancakes as they can burn really quickly.

Repeat until all the mixture is used.

#### **Topping suggestions**

##### **Sweet**

Lemon and sugar

Nutella and berries

Nutella and banana

##### **Savoury**

Maple syrup and bacon

Let me know if you have any other nice topping ideas 😊

I will upload some images to OneNote of when I made them last 😊

Send photos as usual 😊